

Monday	Tuesday	Wednesday	Thursday	Friday
2 <b>Meatless Monday!</b> Mac & Cheese (LF)(V) Veggie Chow Mein Noodle (V) Tofu & Broccoli Teriyaki (V) Crisp Baby Carrots Great Granny Smith Apple Gripz Grahams	3 <b>Pizza Day!</b> Cheese Pizza (WG) Pepperoni Pizza (WG)(P) Terrific Tossed Salad 100% Fruit Juice Shape-Ups	4 Southwest Chicken Bowl PB & Jelly Sandwich (V) Meatball Sandwich Cool California Vegetable Blend Beautiful Banana	5 <b>Breakfast for Lunch Day!</b> Eggs & Veggie Sausage (V) Chicken & Waffles Blueberry Mini Pancakes Delicious Deli Roasted Potatoes Smart Strawberries	6 Fish Sticks Grilled Chicken Salad Cheese Quesadilla (V) Garden Vegetable Blend Kind Kiwi Crackers (WG)
9	10 <b>Spring Recess</b>	11 <b>No School</b>	12 <b>April 9th - 12th</b>	13
16	17	18	19	20
<b>Oakland Veg Week!</b> Check out the vegetarian items offered this week in <b>bold</b> .				
<b>Meatless Monday!</b> <b>Grilled Cheese (V)(WG)</b> <b>PB &amp; Jelly Sandwich (V)</b> <b>Bean &amp; Cheese Burrito (V)</b> <b>Garden Vegetable Blend</b> <b>Great Granny Smith Apple</b>	<b>Pizza Day!</b> <b>Cheese Pizza (WG)</b> Pepperoni Pizza (WG)(P) <b>Crisp Baby Carrots</b> <b>100% Fruit Juice</b> Shape-Ups	Chicken Soft Tacos Southwest Chicken Bowl <b>Bean &amp; Cheese Tamale</b> <b>Rice &amp; Beans</b> <b>Beautiful Banana</b> Goldfish Crackers (WG)	BBQ Chicken Sandwich Pasta & Meatballs (WG) <b>Pasta w/ Marinara (WG)(V)</b> <b>Harvest of the Month:</b> <b>Carrot Raisin Salad</b> <b>Fantastic Fuji Apple</b> Graham Crackers	<b>Earth Day!</b> Hod Dog (WG Bun) Chicken Enchilada <b>Grilled Cheese (WG)(V)</b> <b>Super Spinach Salad</b> <b>Smart Strawberries</b>
23 <b>Meatless Monday!</b> Grilled Cheese (V)(WG) Garden Burger (WG)(V) Chili (V) w/ Cornbread (WG) Crisp Baby Carrots Awesome Apple Crackers (WG)	24 <b>Pizza Day!</b> Cheese Pizza (WG) Pepperoni Pizza (WG)(P) Terrific Tossed Salad 100% Fruit Juice Shape-Ups	25 Chicken Soft Tacos Chicken Enchilada Bean & Cheese Tamale Rice & Beans Beautiful Banana	26 Turkey Burger (WG Bun) Meatball Sandwich PB & Jelly Sandwich (V) Baked Beans Fantastic Fuji Apple	27 Fish Tacos w/ Shredded Cabbage Grilled Cheese (WG)(V) Grilled Chicken Salad Delicious Deli Roasted Potatoes Kind Kiwi Crackers (WG)
30 <b>Meatless Monday!</b> Mac & Cheese (LF)(V) Veggie Chow Mein Noodle (V) Tofu & Broccoli Teriyaki (V) Crisp Baby Carrots Great Granny Smith Apple Gripz Grahams		<div style="border: 1px solid black; padding: 5px;"> <b>NUTRIENT TARGETS</b>                      Calories 645                      Total Fat &lt;30%                      Saturated Fat &lt;10%                      Cholesterol &lt;100 mg                      Sodium &lt;1100 mg                      Fiber 6 g                 </div>	<div style="border: 1px solid black; padding: 5px;"> <b>NUTRIENT AVERAGES</b>                      Calories 618                      Total Fat 25%                      Saturated Fat 8.4%                      Cholesterol 49 mg                      Sodium 944 mg                      Fiber 8.6 g                 </div>	(L) Lower Fat Poultry (V)(V)Vegetarian (WG) Whole Grain (GF) Gluten Free (LF) Low Fat (P) Pork

